Bhature Bread

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These simple deep-fried flatbreads are very traditional in Punjabi culture and are often served with chickpea curry. Ghee is used for flavour, and then the breads are deep-fried in vegetable oil. Use them to mop up your favourite curry.

Ingredients:

800g plain flour
350g natural plain yoghurt
180ml warm water
1 tbsp. ghee
2 tsp. baking powder
2 1/2 tsp. salt
3 tsp. granulated sugar
Oil to fry

Directions:

- 1. Sieve the flour, baking powder and salt together.
- 2. Stir in the sugar, then add the yoghurt, water and ghee. Combine until you have a smooth dough, then rub your hands with oil and knead until the dough is soft and pliable, around five minutes.
- 3. Divide the dough in 24 and roll out each ball to around 5 inches.
- 4. Deep fry until the bread starts to puff up, then turn over and cook the other side. Drain of excess oil on kitchen paper before serving.

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